**Cooking Emergency 411:**

1 cup honey = 1 1/4 cups sugar + 1/4 cup liquid 1 cup whole milk = 1/2 cup evaporated milk + 1/2 cup water  
1 tsp. lemon juice = 1/2 tsp. vinegar  
1 cup butter = 1 cup margarine or 7/8 cup vegetable oil  
1 cup yogurt = 1 cup buttermilk  
1 Tbsp. flour (for thickening) = 1/2 Tbsp. cornstarch or 2 tsps. quick-cooking tapioca  
1 cup buttermilk = 1 or 2 Tbsps. lemon juice or or vinegar plus enough milk to make 1 cup  
1 Tbsp. fresh herbs = 1 tsp. dried herbs  
1 square unsweetened chocolate = 3 Tbsp. cocoa plus 1 Tbsp. shortening  
1 tsp. baking powder = 1/3 tsp. baking soda plus 1/2 tsp. cream of tartar  
1 cup all-purpose flour = 1 cup whole wheat flour  
1 cup brown sugar = 1 cup white sugar plus 2 Tbsp. molasses  
1 egg = 1 heaping Tbsp. soy flour plus 1 Tbsp. water  
1 cup self-rising flour = 1 cup all-purpose flour plus 1 1/2 tsp. baking powder and 1/2 tsp. salt  
1 tablespoon of dried minced onion = 1/4 cup raw minced onion