

Sweet Potato Chicken Soup

* chicken chopped 3 cups ( or 1 rotisserie chicken Picked)
* 3-4 sweet potatoes pealed and diced
* 1 onion diced
* 4 carrots pealed and chopped
* 1 bay leaf
* 10 mushrooms cleaned and chopped
* 3 cups of water or chicken broth
* 2 table spoon of oil

1. In a 6-8 quart pot add oil add onions cook fir 5 minutes
2. Add carrots and mushrooms, cook until carrots tender (salt to taste)
3. Add 3 cups of water or broth
4. Add bay leaf
5. Add sweet potatoes cook for 20 minutes med low
6. Stir often
7. Add chicken cook for another 20 minutes
8. Potatoes will break down and thicken up soup add more broth if needed

http://www.superexhausted.com/2014/03/sweet-potato-chicken-soup/